Hot tub rules

Please read before you get in. Thank you for keeping it clean and safe for the next guests.

1. **Shower before you get in.** Lotions, make-up and sweat use up the sanitiser.
2. **Maximum _____ people** at a time.
3. **Limit your soak to 15-20 minutes,** then cool down. Get out at once if you feel dizzy, sick or too hot.
4. **Children under 5 should not use the hot tub.** Older children only with an adult watching, always.
5. **Pregnant, heart or blood pressure conditions, or on medication?** Check with your doctor before using it.
6. **No alcohol or drugs** before or while using the hot tub.
7. **No glass** in or around the tub. Plastic cups only.
8. **Do not use it if you have had diarrhoea** in the last 48 hours, or have an open wound or skin infection.
9. **No pets** in the hot tub, and no bubble bath, oils or soap in the water.
10. **Keep heads above water** and long hair tied up, away from the suction fittings.
11. **Put the cover back on and lock it** every time you get out.

Water cloudy, foamy or smelling strongly? **Please do not use it and tell us.**
Host / emergency contact: _____ Emergency: 999 / 112

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How to use the hot tub

1. **Remove the cover:** unclip _____ straps, fold and slide it onto the lifter or the ground. Do not stand or sit on the cover.
2. **Check the water:** it should be clear. Temperature is set to _____ °C (maximum 40 °C). Please do not change it.
3. **Jets and lights:** press _____ on the control panel. Jets switch off by themselves after _____ minutes.
4. **Getting in and out:** use the step and handrail; surfaces are slippery when wet.
5. **After use:** switch the jets off, put the cover back and lock all straps.
6. **Thunder or lightning:** get out and keep the cover on until it passes.

Between stays we: test and adjust the water, clean the filter and water line, and record the results.
Last test: date _____ time _____ by _____
Want to see the test record? Just ask us.

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